



Fitzwilliam FoodTEST

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Exclusive Provider of
Cambridge Nutritional Sciences
Services in Ireland

200 Food Test — Cost: €360

Dairy & Eggs:

Dairy & Eggs: Alpha-Lactalbumin, Beta-Lactoglobulin, Casein, Egg White, Egg Yolk, Milk (Cow's), Milk (Goat's), Milk (Sheep's), Milk (Buffalo)

Grains:

Barley, Buckwheat, Corn (Maize), Couscous, Durum Wheat, Gluten, Malt, Millet, Oat, Rice, Rye, Spelt, Tapioca, Wheat, Wheat Bran

Fish & Seafood:

Anchovy, Bass, Carp, Caviar, Clam, Cockle, Cod, Crab, Cuttlefish, Eel, Haddock, Hake, Herring, Lobster, Mackerel, Monkfish, Mussel, Octopus, Oyster, Perch, Pike, Plaice, Salmon, Sardine, Scallop, Sea Bream, Shrimp/Prawn, Sole, Squid, Swordfish, Trout, Tuna, Turbot

Meat:

Beef, Chicken, Duck, Horse, Lamb, Ostrich, Ox, Partridge, Pork, Quail, Rabbit, Turkey, Veal, Venison, Wild Boar

Fruit:

Apple, Apricot, Avocado, Banana, Blackberry, Blackcurrant, Blueberry, Cherry, Cranberry, Date, Fig, Grape, Grapefruit, Guava, Kiwi, Lemon, Lime, Lychee, Mango, Melon, Mulberry, Nectarine, Olive, Orange, Papaya, Peach, Pear, Pineapple, Plum, Pomegranate, Raisin, Raspberry, Redcurrant, Rhubarb, Strawberry, Tangerine, Watermelon

Vegetables:

Artichoke, Asparagus, Aubergine, Bean (Broad), Bean (Green), Bean (Red Kidney), Bean (Haricot), Beetroot, Broccoli, Brussel Sprout, Cabbage (Red), Cabbage (Savoy/White), Caper, Carrot, Cauliflower, Celery, Chard, Chickpea, Chicory, Cucumber, Fennel, Leek, Lentil, Lettuce, Marrow, Onion, Pea, Peppers, Potato, Quinoa, Radish, Rocket, Shallot, Soya Bean, Spinach, Squash, Sweet Potato, Tomato, Turnip, Watercress, Yuca

Nuts & Seeds:

Almond, Brazil Nut, Cashew Nut, Coconut, Flax Seed, Hazelnut, Macadamia Nut, Peanut, Pine Nut, Pistachio, Rapeseed, Sesame Seed, Sunflower Seed, Walnut

Herbs & Spices:

Aniseed, Basil, Bayleaf, Camomile, Cayenne, Chilli (Red), Cinnamon, Clove, Coriander, Cumin, Curry (Mixed Spices), Dill, Garlic, Ginger, Ginseng, Hops, Liquorice, Marjoram, Mint, Mustard Seed, Nettle, Nutmeg, Parsley, Peppercorn, Peppermint, Rosemary, Saffron, Sage, Tarragon, Thyme, Vanilla

Other:

Cane Sugar, Carob, Chestnut, Cocoa Bean, Coffee, Honey, Mushroom, Tea (Black), Tea (Green) Transglutaminase, Yeast (Baker's), Yeast (Brewer's)
